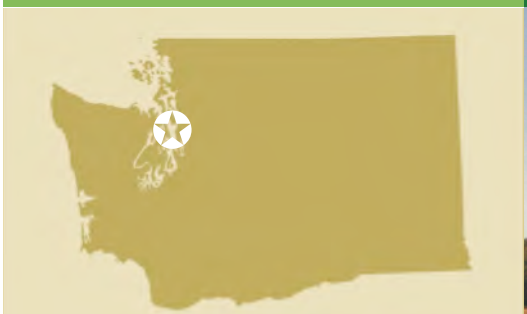
WHIDBEY ISLAND CULINARY ROLLING TOUR

WHIDBEY ISLAND



HIGHLIGHTS

- *Pet alpacas, llamas and goats at Paradise Found Fiber Farm.*
- *A trip to Greenbank Farm for wine, cheese, fresh pies and flowers.*
- *The Victorian seaport of Coupeville and Ebey's Landing National Historical Reserve.*
- *Fresh, local food with distinct local flavor.*

Sunset at the historic Greenbank Farm on Whidbey Island.

A two-day rolling tour of Whidbey Island, just 25 miles north of Seattle, is the shortest distance to far away.

Discover historic Americana, local wines, art galleries, Penn Cove mussels, beaches, wineries, kayaking, whales, eagles, hiking, biking and breathtaking scenery year round.

Day 1 starts from the Clinton Ferry Dock located on the south end of Whidbey and ends in Central Whidbey.

Day 2 continues from Central Whidbey north ending at Oak Harbor's Deception Pass Bridge. If you initially arrive via Deception Pass follow the itinerary in reverse.

DAY 1

Arrive in **Clinton** at the south end of Whidbey Island via a **Washington State Ferry** from Mukilteo. Ferries depart every half hour and provide a wonderful glimpse into the natural beauty of island life and are a refreshing way to start your adventure.

Stop in for breakfast at Kilchi's Bagel Bakery or Pickles Deli in Clinton. **Kilchi's Bagel Bakery** offers locally made and homemade bagels, breakfast sandwiches and coffee. **Pickles Deli**, a local favorite, serves soups, salads and sandwiches all made with local and organic produce. Pickles also serves local organic ales and wine.

Before you leave Clinton, be sure to visit with some of the cutest and most humorous animals on earth, right on Whidbey Island. **Paradise Found Fiber Farm** has alpacas, llamas and goats to pet, plus a gift store for woven products like hats, scarves, purses, cases and other clothing made from animal fiber harvested on the farm**.** Paradise Found 's Fiber Shack also sells handspun novelty yarn in natural or hand dyed colors.

Travel to **Langley** for a charming experience that will heighten all your senses. Take in a wine tasting and a vineyard tour at Langley's **Whidbey Island Winery & Vineyard**. A great place for a snack or a meal - and local coffee – is **Useless Bay Coffee Company** located in the heart of town and next door to a renovated fire station that now houses a brewing company – **Old World Ales and Lagers**, and Callahan McVay, a glass artist working in an open-air studio. Or take in views of the Saratoga Passage and French inspired Northwest cuisine at **Prima Bistro**. If you love chocolate, one stop at **Sweet Mona's** for locally made chocolates, gourmet truffles and authentic hot chocolate will definitely tame your sweet tooth.

FRESH SHEET:

Weather determines the availability of local products but Washington State farmers are always working hard to offer tasty products year-round. See what's fresh now:

Spring (April – May)
Asparagus, Bok Choi, Broccoli, Cabbage, Herbs, Young Garlic, Lettuce, Mushrooms, Nettles, Peas, Radishes, Rhubarb, Salad Greens, Spinach

Summer (June – August)
Apricots, Blackberries, Blueberries, Carrots, Celery, Chard, Cherries, Corn (Sweet), Cucumbers, Garlic, Gooseberries, Green Beans, Jerusalem Artichokes, Melons, Nectarines, Onions (Sweet), Peaches, Bell Peppers, Chile Peppers, Plums, Raspberries, Squash, Strawberries, Tomatoes

Fall (September-November) Apples, Blackberries, Blueberries, Brussels Sprouts, Collards, Carrots, Celery, Corn (Sweet), Cranberries, Garlic, Garbanzos, Grapes, Kale, Lentils, Pears, Peppers, Potatoes, Pumpkins, Tomatoes, Winter Squash

Winter (December-March)
Apples, Beets, Carrots, Chard, Collards, Kale, Kohlrabi, Mushrooms, Onions, Parsnips, Pears, Potatoes, Turnips, Winter Squash

Exceptional Meat, Seafood, Dairy & Preserves are available year-round.

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Depending on the weather, and your sense of adventure, you can find great picnic items and even a picnic area at **Historic Bayview Corner & Cash Store** in Langley. Not just a corner store, this boutique eatery offers wine tasting, art displays, a bike shop and local produce, wines and products for purchase. The building was renovated with recycled materials and uses renewable resources demonstrating eco-friendly practices such as building a public restroom with a composting toilet. Enjoy the picnic area and play a life size game of chess.

If you'd rather have a sit-down lunch, **Ca' Buni Café at Mukilteo Coffee Roasters** is a hidden gem in the woods of Langley. Serving a renowned pancake breakfast, lunch and dinner, Ca' Buni Café headed by Chef Jess Dowdell is a special place to enjoy local organic foods, fresh roasted coffees, art, music, and entertainment (owner Gary Smith might sing you a song).

After a long lunch, visit **The Raven and the Spade**, a Washington State Certified Organic farm, dedicated to enhancing and preserving the small-farming communities of Whidbey Island. A late afternoon stroll through **Meerkerk Rhododendron Gardens** is a great way to end your day outdoors, and a gorgeous location for photos. Meerkerk is a not-for-profit garden, encompassing ten acres of display and educational gardens enveloped by forty-three acres of woodland preserve with 4+ miles of nature trails.

A number of dining options are available in Coupeville. If Penn Cove mussels and local brew are your craving, try **Toby's Tavern**, a casual waterfront pub serving fresh local seafood and favorite hangout for ages 21 and older. For more upscale options, **Christopher's on Whidbey** features fresh, creative Northwest cuisine and a variety of local wines in a

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Chef Jess Dowdell of Ca' Buni Café, with the co-owner of The Raven and the Spade Roadside Gardens, whom provides her with fresh produce and eggs, and guests.

TIPS:

Tips for Bringing Your Bounty Home:

Cool It - If possible, bring a cooler for fragile produce. Gel pacs, block ice and bagged ice can help keep your produce, meat and dairy products cool or frozen while you travel. Not tomatoes however – they lose flavor when chilled!

Buy Produce Last - If you plan on sightseeing and making additional stops while visiting the Valley, buy perishable items last. Also, buy the most fragile produce such as ripe tomatoes, cherries, or apricots last.

Tips for visiting farms:

- Wear closed-toe shoes and clothes that you don't mind getting dirty
- In the summer, go in the morning when it's cooler
- Remember sunscreen, a hat and water
- Use hand sanitizer after each farm visit so that you can eat each harvest along the way

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Chef Scott Fraser can be found most evenings at Frasers discussing menu items with diners in-between orders.

cozy dining atmosphere. **Oyster Catcher** is also recommended for special occasions or romantic evenings for two.

Overnight lodgings that include breakfast made from fresh local foods include: **Guest House Log Cottages** in Greenbank; **Captain Whidbey Inn** in Coupeville, **Eagles Nest Inn** in Langley; or **The Farmhouse Bed & Breakfast** in Clinton.

DAY 2

After breakfast, take a scenic ride to **Greenbank Farm**, for a tour, wine and cheese tasting and shopping. Locals are responsible for saving the 522-acre Greenbank Farm, its rural character, natural habitat, and historical roots. The Greenbank Farm offers certified organic pea patch garden spaces, larger market farmer spaces for those interested in growing for commercial use, and is host to a local CSA growing organic produce for subscribers who get weekly boxes of fresh organic produce.

On the way to **Ebey's Landing Natural Reserve**, stop in for fresh berries and ice cream at **Dugualla Bay Farms** in Oak Harbor. Ebey's Landing Natural Reserve includes 17,572 acres of Central Whidbey Island encompassing the town of Coupeville, Fort Ebey and Fort Casey State Parks, Crockett, Ebey and Smith Prairie and 17 working farms.

Willowood Farm, one of the farms of Ebey's Landing Natural Reserve, is a family-owned organic farm. Growing a large selection of specialty European

FESTIVALS & EVENTS:

Penn Cove Water Festival (May)
penncovewaterfestival.com

Greenbank Farm's Savor Spring (May)
www.greenbankfarm.com

South Whidbey Tilth Farmers Market (May - October)
southwhidbeytilth.org

Annual Picnic & Plant Auction (June)
meerkerkgardens.org

Island County Country Fair (August)
islandcountyfair.com

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Sarah Richards, the owner of Lavender Wind Farm, shows off a bundle of freshly harvested lavender.

and Asian greens, brassicas (broccoli, cabbage & cauliflower) and also many hard to find delicacies such as kohlrabi, fava beans and heirloom dry beans, Willowood Farm offers very informational tours, but you will need to call ahead for a reservation.

Take a short walk or hike at neighboring **Ebey's Landing**. A great spot for water view picnics and exploration, as Pacific Northwest history is still clearly visible in the landscape.

Before heading to the Lavender Wind Farm, take a stroll on the historic **Coupeville Wharf** for a fine cup of coffee and food produced on Whidbey farms.

The **Lavender Wind Farm** has the perfect growing conditions for lavender, only about 18 inches of rain a year due to the Olympic Rain Shadow, lots of wind, and plenty of sun. Come visit during blooming season and walk the lavender labyrinth. Stop by the Gift Shop & Nursery for many lavender products such as lavender strawberry jam, lavender ice cream, oils and plants.

Head to Oak Harbor for lunch. **Seabolt's Smoke House** is a family owned business that has been in operation since 1978. Products are prepared by hand and processed in house. Try the local's favorite Clam Chowder and Fish & Chips. **Flyers Restaurant and Brewery** is a family-friendly restaurant serving local seafood and meats. Beer lovers must try the Pacemaker Porter or Humbles Blonde Ale. **Honeymoon Bay Coffee Roasters** is passionately dedicated to the art of small batch European style coffee roasting. Customers can watch while coffee roasters are at work and pick up an afternoon latte or espresso.

A great way to end the day at sunset is a visit to **Deception Pass State Park**. Rugged cliffs, old growth forests, abundant wildlife including 174 species of birds and unprecedented views define the park, and visitors enjoy miles of both saltwater and freshwater shorelines, two outdoor amphitheaters and superb fishing in Cranberry Lake.

Curb your appetite with an evening of culinary delight at **Frasers Gourmet Hideaway** in Oak Harbor. Using local, organic fresh whole foods, Chef Scott Fraser produces gourmet meals almost nightly at this adored Whidbey Island restaurant. Chef Fraser also volunteers two plus days a week to mentor the Oak Harbor ProStart culinary students and routinely leads students to competition victories. Onion lovers must try the French Onion Soup served in a huge Walla Walla Sweet.

Alternate restaurants serving local foods in Old Town Oak Harbor include **Zorbas Greek Restaurant, China City** and **Bay City Bistro**.

End Note: *This itinerary was created based on a culinary / agritourism workshop conducted by Washington State Tourism and Washington State Department of Agriculture with feedback from various destination marketing and agriculture organizations. We apologize if there are any minor inaccuracies. Dates and hours may vary, so we suggest you confirm dates and hours in advance of traveling. Wishing you happy and safe travels.*

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MORE INFORMATION:

Washington State Tourism
www.experiencewa.com

Whidbey & Camano Islands Tourism
(888) 747-7777 (360) 675-5412
www.WhidbeyCamanoIslands.com

Cascade Loop Scenic Highway
PO Box 3245, Wenatchee
(509) 662-3888
www.cascadeloop.com

Kiichli's Bagel Bakery
11600 WA-525 (Ken's Korner), Clinton
(360) 341-4302

Pickles Deli
11042 SR 525, Suite 122, Clinton
(360) 341-3940
www.picklesdeliwhidbey.com
Mon–Tues 9am-5pm/
Wed–Sat 9am-6pm
Longer hours in summer

Paradise Found Fiber Farm
4081 Springwater Lane, Clinton
(360) 579-1906
www.paradisefoundfiber.com
Sat. 10am–4pm (June-Oct)
Call to visit during the week

Whidbey Island Winery & Vineyard
5237 Langley Road, Langley
(360) 221-2040
www.whidbeyislandwinery.com
Open Daily 10am-4pm

Useless Bay Coffee Company
121 Second Street, Langley
(360) 221-4515
www.uselessbaycoffee.com
Mon-Sat: 7:30am-4:30pm
Sun: 8am-3:30pm

Prima Bistro
201 1/2 First Street, Langley
(360) 221-4060
www.primabistro.com
Open daily at 11:30AM

Sweet Mona's Island Angel Chocolates
138 Second Street, Langley
(360) 221-2726
www.islandangelchocolates.com
Open daily 10am-5pm

Historic Bayview Corner & Cash Store
5603 Bayview Road, Langley
(360) 321-4145
www.goosefoot.org

Ca' Buni Café at Mukilteo Coffee Roasters
3228 Lake Leo Way, Langley
(888) 890-9800 (360) 321-5262
www.mukilteocoffee.com
Mon.–Sat. 8am-4pm

The Raven and the Spade Garden
4785 East Harbor Road, Freeland
(206) 782-2412
www.ravenspadefarm.com

Meerkerk Gardens & Nursery
3531 Meerkerk Lane, Greenbank
(360) 678-1912
www.meerkerkgardens.org
Summer Hours: 3/15 – 9/15
Open Daily 9am-4pm
Winter Hours: 9/16 – 3/14
Wed.- Sun. 9am-4pm

Toby's Tavern
8 Front St, Coupeville
(360) 678-4222
www.tobysuds.com
Open daily 11am-9pm

Christopher's on Whidbey
103 Northwest Coveland Street, Coupeville
(360) 678-5480
www.christophersonwhidbey.com
Lunch: Mon-Fri 11:30-2:00,
Sat 12:00-2:30
Dinner: Mon-Sat 5pm-close

Oyster Catcher
Grace St NW, Coupeville
(360) 678-0683
www.oystercatcherwhidbey.com
Thursday - Sunday, 5pm-8pm
Sunday Brunch at 11am

Guest House Log Cottages
24371 Washington 525, Greenbank
(360) 678-3115
www.guesthouselogcottages.com

Captain Whidbey Inn
Ship of Fools Restaurant.
2072 W Captain Whidbey Inn Rd, Coupeville
(360) 678-4097
www.captainwhidbey.com

Eagles Nest Inn
4680 Saratoga Road, Langley
(360) 221-5331
www.eaglesnestinn.com

The Farmhouse Bed & Breakfast
2740 E. Sunshine Lane, Clinton
(360) 321-6288 (888) 888-7022
www.farmhousebb.com

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Greenbank Farm
765 Wonn Road, Greenbank
(360) 678-7171
www.greenbankfarm.com

Dugualla Bay Farms
36699 SR 20 Oak Harbor
(360) 679-1014

Ebey's Landing National Historical Reserve
(360) 678-6084
www.nps.gov/ebla

Willowood Farm of Ebey's Prairie
399 S. Ebey Rd. Coupeville
(360) 929-0244
willowoodfarm@gmail.com

Historic Coupeville Wharf Local Grown Store
26 Front Street, Coupeville
(360) 678-3648

Lavender Wind Farm
2530 Darst Road, Coupeville
(360) 678-0919 (877) 242-7716
www.lavenderwind.com
Summer Hours: Daily 10am-5pm
Spring & Fall: Wed- Sun 9am-4pm
Closed in January & February

Honeymoon Bay Coffee Roasters
SW Bowmer Street, Oak Harbor
(360) 682-6654
www.honeymoonbaycoffee.com

Seabolt's Smoke House
31640 SR 20, Oak Harbor
(360) 675-6485
www.seabolts.com
Mon–Sat 9am-8pm
Sunday 8am-3pm

Flyers Restaurant & Brewery
32295 SR 20, Oak Harbor
(360) 675-5858
www.eatatflyers.com
Open daily 11am

Deception Pass Bridge and State Park
(888) CampOUT (888) 226-7688
www.parks.wa.gov/parks

Frasers Gourmet Hideaway
1191 Southeast Dock Street,
Oak Harbor
(360) 279-1231
www.frasersgh.com
Tues-Sat 4:30pm-10:30pm

Best Western
33175 SR 20, Oak Harbor
(360) 679-4567 (800) 927-5478

Candlewood Suites
33221 SR 20, Oak Harbor
(877) 226-3539 (360) 279-2222
www.candlewoodsuites.com

Bluff on Whidbey
4808 North Jones Road, Oak Harbor
(360) 240-9332 (800) 868-0636
www.thebluffonwhidbey.com

Anchorage Inn
807 North Main Street, Coupeville
(877) 230-1313 (360) 678-5581
www.anchorage-inn.com

Compass Rose Bed & Breakfast
508 South Main Street, Coupeville
(360) 678-5318
www.compassrosebandb.com

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