

Savor
Washington™

HANDS-ON FAMILY FARMING EXPERIENCE

CHELAN MANSON



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HIGHLIGHTS

Premium wineries and vineyards along the Lake Chelan AVA including: Benson Vineyards, Lake Chelan Winery, Nefarious Cellars, Tsillan Cellars and Tunnel Hill Winery.

Sunshine Farm, where you can pick your own cherries, peaches, apples, strawberries, tomatoes, and more including U-press cider during apple season.

World-class fishing since the late 1800's and Lake Chelan has become one of the top fisheries in the northwest. Each year stocking programs release 100,000 Chinook Salmon, 60,000 Lake Trout, 100,000 Rainbow Trout, and 600,000 Kokanee into the cool, clear waters of Lake Chelan. The fish in Lake Chelan do not migrate - they are landlocked. The Lake Chelan fishing season is open year around.

Game in Lake Chelan:

- Mackinaw or Lake Trout
- Cuthroat Trout
- Kokanee or Landlocked Sockeye Salmon
- Burnot or Fresh Water Lingcod
- Smallmouth Bass
- Rainbow Trout
- Chinook or King Salmon Remnant

The Lady of the Lake makes her way from Chelan to Stehekin across Lake Chelan.

Located in the heart of Washington's Cascade Mountains and only 3 hours east of Seattle, Lake Chelan is characterized by its crystal clear, blue water; sunny, semi-desert valley climate; and a horizon sprinkled with orchards, vineyards and farms.

Generations of families have been slathering on the sunscreen and making the journey to Lake Chelan for swimming, watersports, fishing and more recently to partake in culinary/agritourism activities.

washington
The State™



DAY 1

Start your Chelan Valley farm experience in Manson at **Blueberry Hills U-pick Farm & Restaurant**. Ever tasted a blueberry right off the berry bush? If not, you'll be wowed by how different they taste from those in the grocery store! We all know blueberries are a "super fruit" and contain vitamin C, fiber and antioxidants, but they're also fun to pick. Be sure to check out Blueberry Hills website to find out when their blueberries and other fruit are fully ripe. If you are hungry, the farm serves hearty homemade meals and incredible pies for dessert.

TIP: Stop at the **Taco Truck** for pork tacos in the Red Apple Market parking lot. At \$1.25 each, they're a delicious steal. There are several wineries with tasting rooms along the drive from Manson to Chelan.

Next stop is **Sunshine Farm**, a 4th-generation family farm. Pick your own cherries, peaches, apples, strawberries, tomatoes, and more including U-Press cider during apple season. Their roadside market is stocked with great buys on high quality fruit and organic veggies grown on their farm--plus fresh-cut flowers, grass-fed beef, regional cheeses, artisan bread, natural foods, and unique gifts. Check their website for special events.

Sunshine Farm is also home to **Tunnel Hill Winery**. Amidst the orchards and fields, this family farm produces grapes for estate wines in Washington.

Have lunch at Riverwalk Inn's **The Artisan Bakery** of Chelan which features artisan breads, cinnamon rolls, cookies and other bakery treats, soups, salads, and food to go. Highlights include home-cooked frittata and natural breads, fruits, and vegetables.

FRESH SHEET:

Weather determines the availability of local products but Washington State farmers are always working hard to offer tasty produce year-round. See what's fresh now:

Spring (April – May)

Asparagus, Bok Choi, Broccoli, Cabbage, Herbs, Young Garlic, Lettuce, Mushrooms, Nettles, Peas, Radishes, Rhubarb, Salad Greens, Spinach

Summer (June – August)

Apricots, Blackberries, Blueberries, Carrots, Celery, Chard, Cherries, Corn (Sweet), Cucumbers, Garlic, Gooseberries, Green Beans, Jerusalem Artichokes, Melons, Nectarines, Onions (Sweet), Peaches, Bell Peppers, Chile Peppers, Plums, Raspberries, Squash, Strawberries, Tomatoes

Fall (September-November)

Apples, Blackberries, Blueberries, Brussels Sprouts, Collards, Carrots, Celery, Corn (Sweet), Cranberries, Garlic, Garbanzos, Grapes, Kale, Lentils, Pears, Peppers, Potatoes, Pumpkins, Tomatoes, Winter Squash

Winter (December-March)

Apples, Beets, Carrots, Chard, Collards, Kale, Kohlrabi, Mushrooms, Onions, Parsnips, Pears, Potatoes, Turnips, Winter Squash

Exceptional Meat, Seafood, Dairy & Preserves are available year-round.

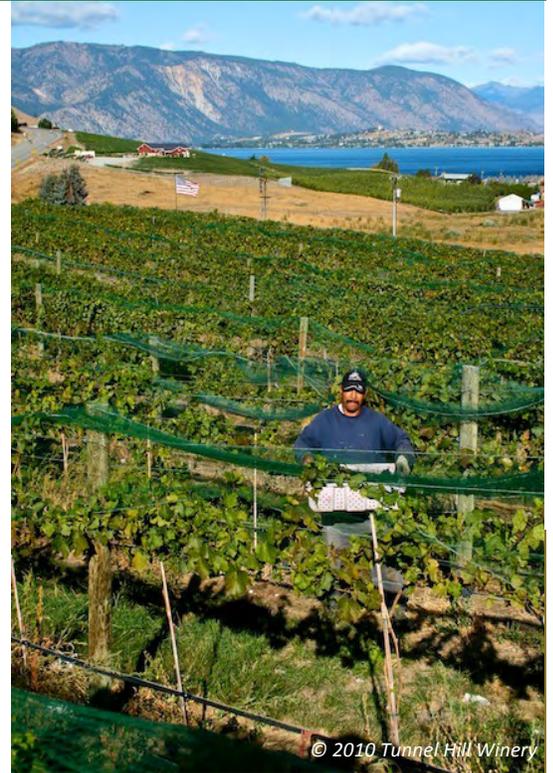
Stop into the **Culinary Apple** kitchenware store for a chunk of Dave Weldy's homemade fudge. A great place for kitchen gadgets, they even have a selection of kid size gadgets for your aspiring young chefs.

ALTERNATE DAY 1

Stop at **Bear Foods Natural Market & Creperie**, an awesome health grocery store for snacks and lunch items. The grocery store carries everything from granola to herbs and vitamins.

Spend the day in the Lake Chelan Wine Valley - Washington's newest certified AVA and Washington's coolest grape growing climate, allowing for white wines with brilliant acidity and red wines with intense depth. Sip varietals including Syrah, Riesling, Malbec, Grenache, Tempranillo and Roussanne. Must-visit wineries: **Nefarious Cellars** and **Tsillan Cellars** (for white wines) and **Benson Vineyards** (for Sangiovese). Most shops and resorts in town can provide winery maps, or you can download one at lakechelanwinevalley.com.

Have dinner at **Local Myth Pizza**, a community favorite! They have an extensive wine list that features all of the local wineries and the salads are fresh and delectable. The menu is long and creative: seafood pizzas, cilantro, jalapeno, artichokes and lots of other exciting locally grown ingredients. Standouts include the Warner Brothers, which is a spicy shrimp pizza with tons of cilantro, and the Creamy Chicken Pizza.



The vineyard at Tunnel Hill Winery in Manson.

TIPS:

Tips for Bringing Your Bounty Home:

Cool It - If possible, bring a cooler for fragile produce. Gel pacs, block ice and bagged ice can help keep your produce, meat and dairy products cool or frozen while you travel. Not tomatoes however – they lose flavor when chilled!

Buy Produce Last - If you plan on sightseeing and making additional stops while visiting the Valley, buy perishable items last. Also, buy the most fragile produce such as ripe tomatoes, cherries, or apricots last.

Tips for visiting farms:

- Wear closed-toe shoes and clothes that you don't mind getting dirty
- In the summer, go in the morning when it's cooler
- Remember sunscreen, a hat and water
- Use hand sanitizer after each farm visit, so that you can eat each harvest along the way



© 2010 Tunnel Hill Winery

Tunnel Hill Winery at Sunshine Farm - A multi-generational family farm that produces grapes for estate wines.

Hear live music at the **Vogue** and **Riverwalk Inn** or take in a movie at the **Historic Ruby Theatre** or a super affordable game of bowling at **Chelan Lanes**.

Overnight in Chelan at the 108-year-old **Campbell's Resort**. It offers comfortable lakeside lodging. Alternatively, over night at **The Riverwalk Inn**, where guests experience the simple pleasures of a clean room, a hot shower, friendly hosts, and the fragrances and flavors of their in-house artisan bakery and garden. To overnight in Manson, travelers have many vacation condo rental options, many with fully furnished kitchens.

ALTERNATE DAY 2

Take a day trip to **Stehekin**, a remote area of Lake Chelan only accessible by boat, foot, or floatplane. Take a leisurely boat cruise on **The Lady of the Lake** or **Chelan Seaplanes** offers numerous daily and chartered flights and tours. Like stepping back in time, this wilderness hideaway is a favorite among locals and tourists, with no phones, TV, radio or urban amenities. Instead, the Stehekin Valley offers plentiful trails, camps and special places waiting to be discovered.

FESTIVALS & EVENTS:

Falling Cow Country Festival (June) www.cometothelake.com

Lake Chelan Fine Arts Festival (August) www.cometothelake.com

Lake Chelan Crush (October)
www.lakechelanwinevalley.com

Rhythms on the Lake (October)
www.lakechelanwinevalley.com

Fall Barrel Tasting (October)
www.lakechelanwinevalley.com



Visit the **Historic Buckner Orchard**, which contains the world's oldest strain of delicious apples, called common delicious. They are not the red or golden delicious the Chelan area is known for, but a green and red striped apple. While the common delicious is no longer being commercially propagated and sold, the North Cascades Park Service and the Stehekin community have taken over stewardship of the orchard, and the apples are thriving. Visitors can experience this living history by touring the orchard, adopting a tree or even sampling apples.

Take a slow boat tour back to Chelan via The Lady of the Lake II, or overnight at **North Cascades Stehekin Lodge**. Private businesses provide a range of lodging, horseback trips, bicycle rentals, guided raft and kayaking adventures, and tours to Rainbow Falls. A shuttle bus takes visitors to areas to access trailheads and camps.

End Note: This itinerary was created based on a culinary / agritourism workshop conducted by Washington State Tourism and Washington State Department of Agriculture with feedback from various destination marketing and agriculture organizations. We apologize if there are any minor inaccuracies. Dates and hours may vary, so we suggest you confirm dates and hours in advance of traveling. Wishing you happy and safe travels.

BLUEBERRY DELIGHT

Blueberries can be refrigerated 10--14 days. Best to store unwashed, then wash & check for stems just prior to using. Freeze unwashed berries for year-round enjoyment.

To freeze:

- Place berries in freezer bags or containers.
- Unwashed berries will not stick together and may be used one handful at a time.
- They're wonderful! But hide 'em in the back of the freezer. They're easy to eat like little popsicles and are guaranteed to disappear!

MORE INFORMATION:

Washington State Tourism
www.experiencewa.com

Cascade Loop Scenic Highway
PO Box 3245, Wenatchee
(509) 662-3888
www.cascadeloop.com
info@cascadeloop.com

Lake Chelan Visitor Center & Chamber
102 East Johnson, Chelan
(800) 4-Chelan/(509) 682-3503
www.lakechelan.com

Blueberry Hills U-pick Farm
1315 Washington Street, Manson
(509) 687-2379
www.wildaboutberries.com

Taco Truck
1610 Wapato Way, Manson

Sunshine Farm
37 Hwy 97-A, Chelan
(509) 682-1350
www.sunshinefarmmarket.com
Open daily, 9am-5pm

Tunnel Hill Winery
37 Highway 97A, Chelan
(509) 682-3243
www.tunnelhillwinery.com
*Open Wed.-Sun., 12pm-5pm,
depending on season*

Riverwalk Inn & Artisan Bakery of Chelan
204 East Wapato Ave., Chelan
(509) 682-2627
www.riverwalkinnchelan.com

Culinary Apple
109 East Woodin, Chelan
(800) 568-6062
www.culinaryapple.com

Bear Foods Natural Market & Café Crêperie
125 E Woodin Ave., Chelan
(800) 842-8049
www.bearfoods.com
*Open daily, 9am-6pm
Sundays 11am-5pm*

Nefarious Cellars
495 S Lakeshore Road, Chelan
(509) 682-9505
www.nefariouscellars.com

Tsillan Cellars
3875 Highway 97A, Chelan
(509) 682-9463
www.tsillancellars.com

Benson Vineyards
754 Winesap Avenue, Manson
(509) 687-0313
www.bensonvineyards.com
Open daily, 11am-5pm

Local Myth Pizza
122 S Emerson St., Chelan
(509) 682-2914

Vogue
117 East Woodin Avenue, Chelan
(509) 888-5282
www.thevoguelounge.com

Campbell's Resort on Lake Chelan
104 West Woodin, Chelan
(800) 553-8225
www.campbellsresort.com

Historic Ruby Theatre
135 E. Woodin Ave., Chelan
(509) 682-5016
www.rubytheatre.com

Chelan Lanes
518 W Manson Rd, Chelan
(509) 682-2251

Lady of the Lake
Boat Cruise to Stehekin
(888) 682-4584
www.ladyofthelake.com

Chelan Seaplanes
(509) 682-5555
www.chelanseaplanes.com

Historic Buckner Orchard
www.bucknerhomestead.org

North Cascades Stehekin Lodging
www.stehekin.com

Washington State Dept. of Fish & Wildlife
www.wdfw.wa.gov

North Cascades National Park
www.nps.gov/noca

