



Baseline Fact Sheet

Healthier Food Options Report (HFOR) Data August 2014

Every year, the WSDA's Food Assistance Programs collects information from 500 food pantries, including tribal food pantries, and meal programs to develop an overview of statewide trends in the emergency food system.

In 2014, Governor Inslee developed a strategic roadmap to accomplish 5 priority goals by 2017. The Washington State Department of Agriculture and its' partners have included a metric to improve the healthier food options being made available for low-income families as part of the state's data-driven improvement system, Results Washington.

The metric is number 1.2.A.f, attempting to "increase the percentage of healthier food options being offered to low-income children and families through food pantries, farmers markets, and meal programs by 5% from 2014 baseline by 2017".

With this reporting, it will be the first time that we will have statewide data that tells us not just the number of pounds distributed to low-income families but what types of foods are being distributed. For the baseline Healthier Food Options Report, "healthy" is defined as fruits, vegetables, dairy, proteins, grains, and water. "Less healthy" options include processed foods, sugar drinks, snack foods, desserts, canned/boxed meals, burritos, chili etc.

It is our intention moving forward to do a comprehensive regional analysis of each category to see where we can make future improvements. Outreach, education and partnerships are critical to supporting our local emergency food providers to sustain this additional report requirement. This data will help to improve the types of products coming into the system and form strategic partnerships to build a healthier Washington.

